

Leadership Workshop (Example)

Pre-workshop activities

- Review selected readings and short video clips as background to the workshop
- Complete personal questionnaire exploring the themes and theories of the workshop
- Consider the background questions posed linking the workshop to the Academy programme of leadership and research activities

9.30am - Welcome and introductions

- Introduction from the facilitator and an overview of the workshop (agenda, aims, workbook)
- Participants introduce themselves and give initial thoughts on workshop theme(s)
- Participants identify the key skills and knowledge they would like to gain from the session

10.00am - Setting the scene

- Facilitator introduces the theories and concepts to be explored in the workshop
- Questions exploring the fundamentals of the workshop are posed to the group and discussed
- In pairs, participants discuss their respective answers to the pre-workshop background questions
- Participants score their personal questionnaire answers
- Participants will hold an interactive discussion

10.30am - Introduction to key tools

- Facilitator introduces tools, their usefulness and how they can provide models for action
- Participants apply the tool(s) to their personal development goals and research project as appropriate
- New methods of analysis are practiced and attendees present findings to the group for discussion

Break

11.30am - Applying tools

- Participants apply tools to their projects and/or professional goals and discuss opportunities and challenges of putting these tools in practice

12.00pm - Critical themes

- Facilitator explores current management, psychological and/or sociological research influencing the models and tools discussed

12.30pm - Summary of session

- Facilitator revisits the key themes, objectives, and takeaways to summarise the session
- Participants share personal reflections to compare ideas and make commitments to change
- Participants complete feedback form on quality, usefulness and delivery of the workshop
- Attendees are expected to use the workbook to apply session takeaways during their fellowship

1.00pm - Close